

International Yoga Day-2025 celebrations Conducted by NSS cell at Adichunchanagiri
Institute of Technology, Chikkamagaluru.

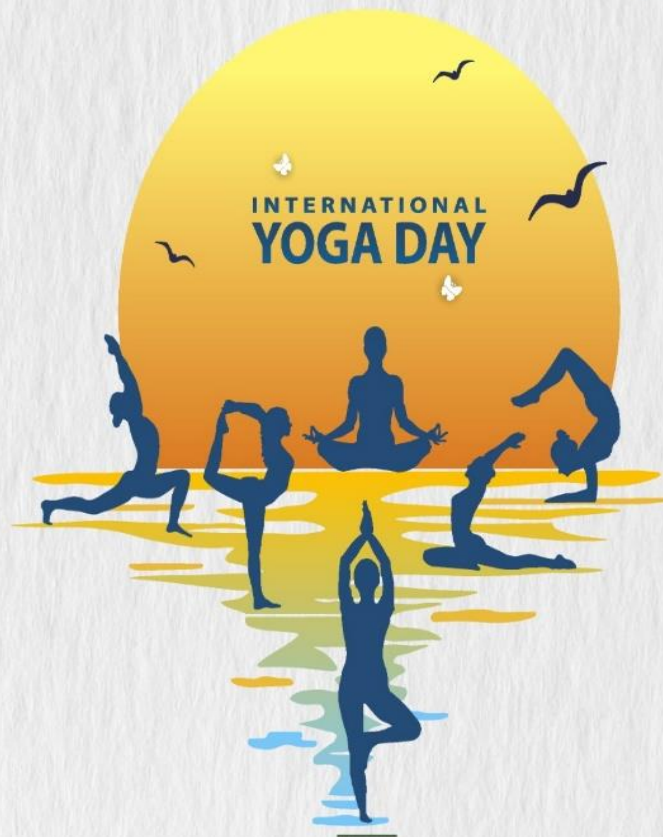


|| JAI SRI GURUDEV ||

ADICHUNCHANAGIRI INSTITUTE OF TECHNOLOGY
CHIKKAMAGALURU



"YOGA FOR ONE EARTH, ONE HEALTH"



Align the Mind. Engineer the Body. Empower the Soul.

This International Yoga Day, let's integrate wellness into our daily code – for a stronger body, sharper mind, and balanced life.

www.aitckm.edu.in

In association with District administration and college NCC unit our students were participated in “*YOGA DAY PROCESSION*” organized by the district administration with this year’s theme “*YOGA FOR ONE EARTH, ONE HEALTH*”.

Later at our campus our honorable Principal Dr. C.T Jayadeva Sir addressed the students about the importance of Yoga in achieving healthy lifestyle.

Chief Guest and Yoga Instructor Mr. Raghavendra Kaushik, addressed the students and spoke about this year’s theme and highlighted the importance of yoga in promoting global health and harmony.

Then made the students to practice few asanas like Surya Namaskar, Vrikshasana, Bhujangasana and many other and also taught the importance of these above Asanas.

The event was concluded with an oath to practice yoga regularly to achieve healthy and sound lifestyle





REPORT ON WORLD ENVIRONMENT DAY CELEBRATION AT ADICHUNCHANAGIRI INSTITUTE OF TECHNOLOGY, CHIKKAMAGALURU

Date: June 5, 2025

Venue: Near Admin block, AIT

Organized by: Civil Engineering department, MBA Department and college NSS cell

INTRODUCTION

World Environment Day was celebrated in our college on 5 June 2025 with great enthusiasm. The programme aimed to make students aware of the need to protect nature and reduce pollution. Students have participated in a cleanliness drive around the campus. A tree plantation programme was organised, and we planted around 50 saplings in the college campus.

PROGRAM HIGHLIGHTS

The day began with a special assembly, where our principal spoke about this year's theme, "**Beat Plastic Pollution,**" and encouraged us to avoid single-use plastic. The students have participated in a cleanliness drive around the campus. A tree plantation programme was organised, and we planted around 50 saplings in the college campus. Our final year and pre final year students have visited a local government school and interacted with the students regarding hygiene and cleanliness and also cleaned the school campus.







CONCLUSION

The celebration helped us understand that small steps, like saving water, planting trees, and refusing plastic, can make a big difference. Everyone took a pledge to keep the environment clean and green.

NSS OFFICER

PRINCIPAL

REPORT ON TREE PLANTATION DRIVE ON THE OCCASION OF NSS DAY AT ADICHUNCHANAGIRI INSTITUTE OF TECHNOLOGY, CHIKKAMAGALURU

Date: SEPTEMBER 24TH, 2025

Venue: Near Admin block, AIT

Organized by: college NSS cell

INTRODUCTION

On the occasion of NSS Day celebration to mark the formal launch of the National Service Scheme in 1969 during the birth centenary year of Mahatma Gandhi the tree plantation drive was organised in the college campus.

PROGRAM HIGHLIGHTS

The day began with a special assembly, where our principal spoke about the highlights of spirit of selfless service among the youth and reaffirmed the NSS moto i.e. *“Not Me, But You”*. And addressed the students regarding cleanliness, health and environment and requested the students to utilize their technical knowledge to solve the environment related problems and asked the students to create the awareness in the society about the cleanliness and environmental pollution. Later a sapling plantation drive was organized around the administration block where the students actively participated and planted more than 100 fruit plant saplings around the campus.





CONCLUSION

The celebration helped us understand that small steps, like saving water, planting trees, and refusing plastic, can make a big difference. Our third year and second year students have taken the pledge to use the technical knowledge they earned here to address the environmental related issues and also to keep their environment pollution free and create awareness among the society to reduce pollution.

NSS OFFICER

PRINCIPAL

REPORT ON WORLD HEART DAY CELEBRATION AT ADICHUNCHANAGIRI INSTITUTE OF TECHNOLOGY, CHIKKAMAGALURU

Date: September 29, 2025

Venue: Civil Seminar Hall, AIT

Organized by: Jeeva Raksha Trust, in association with Chikkamagaluru Lions club and college NSS cell

INTRODUCTION

This year world heart day was celebrated with a tag line “A Heart for A Heart”. The program was organized by Jeeva Raksha Trust, District Mental Health Department, Chikkamagaluru Medical college in association with Chikkamagaluru Lions club and college NSS cell. Dr C T Jayadeva Sir inaugurated the event by lighting the lamp. The program was organized for all the Final and Pre final Year students.

PROGRAM HIGHLIGHTS

On this occasion, a special informative session was organized where Dr. M Chandrashekar the renowned Psychiatrist from Chikkamagaluru Medical college interacted with our students and explained about Heart related Diseases, their causes and remedies. Later Dr. Sushma Patar Assistant Professor, Anesthesia wing Chikkamagaluru Medical college addressed the students regarding handling Heart patients and explained the first aid procedures to be done during a cardiac arrest. Mr. Raju Narasaiyya from Rajiv Gandhi Health Science University demonstrated critical procedures like how to conduct CPR in public place and how to communicate in medical emergency situations and others.





CONCLUSION

Students got to know the importance of the Heart and got to know about the better habits to adopt to maintain the heart health and also got a very good opportunity in learning how to respond to medical emergencies in public places and overall, the workshop had developed some confidence in the students to readily indulge themselves in saving life by responding to any sorts of emergencies.

NSS OFFICER

PRINCIPAL

REPORT ON BLOOD DONATION CAMP ORGANIZED AT ADICHUNCHANAGIRI INSTITUTE OF TECHNOLOGY, CHIKKAMAGALURU

Date: SEPTEMBER 30TH, 2025

Venue: IS Dept Seminar hall and College Guest House, AIT

Organized by: Indian Red Cross society, Holy cross Hospital Chikkamagaluru and college NSS cell

INTRODUCTION

A one day blood donation camp was organized at the college campus in association with Indian Red Cross Society, Holy Cross Hospital Chikkamagaluru and College NSS cell where the students came forward to donate blood.

PROGRAM HIGHLIGHTS

The day began with a formal event presided by the Principal which started with lighting the lamp followed by presidential remarks on the importance of blood donation. The event was conducted at IS dept Seminar hall. Later Dr. Anith Kumar L who coordinated the event on behalf of Indian Red Cross addressed the students regarding the importance of blood and personal health which was followed by the blood donation camp at college boys hostel.





CONCLUSION

The blood donation camp was successfully completed with the students learning regarding the importance of donating blood to save life and also busting the myths regarding blood donation. At the end the students and staff members who donated blood got honored with a certificate.

NSS OFFICER

PRINCIPAL